



**FEAM**

Federation of European  
Academies of Medicine

*Académie  
Nationale  
de  
Médecine*

## Adolescent health: investing in the future

9:00 – 17:30, 13 May 2015

Singer-Polignac Foundation,  
43 Avenue Georges Mandel,  
75116 Paris, France

With the support of:

**FAM**

FONDATION  
DE L'ACADÉMIE  
DE MÉDECINE

FONDATION  
**Singer-Polignac**

Le Symposium se tiendra en anglais et la traduction simultanée sera assurée en français.

The Symposium will be held in English and a simultaneous interpretation will be provided in French.



# PROGRAMME

## 9:00 – 9:25 Welcome and introduction

*Prof. Yves Pouliquen*, President of the Singer-Polignac Foundation, Member of the “Académie Française” and of the French Academy of Medicine

*Prof. Dermot Kelleher*, President of FEAM, Member of the UK Academy of Medical Sciences and the Irish Academy of Medical Sciences, Vice-President (Health) and Dean of Medicine at Imperial College London

*Prof. Jean-Yves Le Gall*, President of the French Academy of Medicine

*Jean-Marie Dru*, President of the Foundation of the French Academy of Medicine (FAM)

*Prof. Benoît Vallet*, General Director for Health, Ministry of Social Affairs, Health and Women's rights, France

## 9:25 – 10:25 Overview session

**9:25 – 9:55** Adolescence as a critical period for laying the foundations of good health and for preventing chronic diseases in adulthood: outcome of the WHO on 'Health for the World's Adolescents'

*Dr. Jane Ferguson*, WHO's Department of Maternal, Newborn, Child and Adolescent Health and Commissioner of the Lancet Commission on The Health and Wellbeing of Young People

**9:55 – 10:25** The national perspective

*Prof. Dame Sally Davies* FRS FMedSci, Chief Medical Officer and Chief Scientific Adviser, Department of Health, United Kingdom

**10:25 – 10:40** Coffee break

## 10:40 – 15:00 Scientific session on adolescent mental health

Co-chairs:

*Prof. Cyril Höschl*, Director, National Institute of Mental Health (NIMH) and Chairman, Department of Psychiatry, 3rd Faculty of Medicine, Charles University; Board Member of the Czech Medical Academy, Czech Republic

*Prof. Jean-Pierre Olié*, Past-Head of the Unit of Psychiatry, Saint-Anne Hospital, Paris; Professor of Psychiatry, Paris Descartes University; Member of the French Academy of Medicine

**10:40 – 11:00** Adolescent crisis

*Prof. Marcel Rufo*, Service of Pedopsychiatry, Sainte-Marguerite Hospital, Marseille, France; Emeritus Professor, Marseille University

**11:00 – 11:20** Eating disorders in adolescence and adulthood

*Prof. Stephan Zipfel*, Professor of Medicine and Dean of Medical Education, Head Department of Internal Medicine VI (Psychosomatic Medicine and Psychotherapy); University Medical Hospital Tuebingen; President of the German College of Psychosomatic Medicine (DKPM)

**11:20-11.40** Suicide and suicide prevention

*Prof. Danuta Wasserman*, Professor of Psychiatry and Suicidology, Chairman of Department of Public Health Sciences, Karolinska Institutet; Head of the Swedish National Centre for Suicide Research and Prevention of Mental Ill-health, Stockholm

**11:40 – 12.00** Alcohol and drug abuse in youngsters

*Prof. Bruno Falissard*, Pedopsychiatrist; Professor of Biostatistics, University Paris-South, Director of the INSERM Unit U669: Paris-South Innovation Group in Mental Health; Member of the French Academy of Medicine

**12.00 – 12.20** Tobacco smoking in adolescence as a risk factor in developing cardiovascular diseases later in life and review of the current evidence on electronic cigarettes

*Prof. Amanda Amos*, Professor of Health Promotion, Center for Population Health Sciences, School of Molecular, Genetic and Population Health Sciences, The University of Edinburgh

**12:20 – 12:40** My parent has bipolar disorder; am I at risk? Brain imaging and clinical studies of bipolar offspring.

*Prof. Tomas Hajek*, Associate Professor, Department of Psychiatry, Faculty of Medicine, Dalhousie University, Halifax, Nova Scotia, Canada

**12:40 – 13:00** Genes, family, time and place: risk factors influencing brain development and mental health in ASD.

*Prof. Louise Gallagher*, Chair in Child and Adolescent Psychiatry, Trinity College Dublin; Consultant Child and Adolescent Psychiatrist in the HSE/ National Children's Hospital, Tallaght, Ireland

**13:00 – 13:50** Buffet Lunch

**13:50 – 14:10** The challenge of engagement: technology in adolescent mental health

*Prof. Gavin Doherty*, Associate Professor, School of Computer Science and Statistics, Trinity College Dublin; Co-founder, SilverCloud Health, Ireland

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## 14:10 – 14:30 The Patients perspective

*Dr. Pedro Montellano*, President, Global Alliance of Mental Illness Advocacy

Network (Gamian Europe), Member of the European Patients Forum

## 14:30 – 15:00 Panel discussion on adolescent mental health

*Discussants:*

*Prof. Dame Sally Davies FRS FMedSci*, Chief Medical Officer and Chief Scientific Adviser, Department of Health, United Kingdom

*Prof. Martin McKee*, European Centre on Health of Societies in Transition; London School of Hygiene and Tropical Medicine; President of EUPHA, UK Academy of Medical Sciences

*Dr. Pedro Montellano*, President, Global Alliance of Mental Illness Advocacy Network (Gamian Europe), Member of the European Patients Forum

## 15:00 – 15:25 Coffee break

## 15:25 – 17:20 Session on obesity

*Co-chairs:*

*Prof. Jesus A. F. Tresguerres*, Past President of FEAM, Fellow of Spanish Royal National Academy of Medicine, Professor of Physiology and Endocrinology, Complutense University in Madrid

*Prof. Claude Jaffiol*, Member of the French Academy of Medicine; Endocrinologist at Centre Médical Mutualiste, Professor of Medicine at Montpellier University

## 15:25 – 15:45 Overview of the situation

*Dr. Philippe Roux*, Head of Health Determinants Unit, EU High Level Group on Nutrition and Physical activity, EU platform for action on diet, physical activity and health, DG Health and Consumers, European Commission

## 15:45 – 16:05 Obesity and the economics of prevention

*Dr. Franco Sassi*, Senior Health Economist, Health Division, Organisation for Economic Co-operation and Development

## 16:05 – 16:25 The genetic basis to type 2 diabetes and obesity

*Prof. Philippe Froguel*, Professor of Diabetology, Lille University Hospital; Director of the EGID Institute FR3508 (Labex EGID), Director of the CNRS UMR8199, Lille 2 University, Pasteur Institute of Lille (France); Professor of Genomic Medicine, Head of Department of Genomics of Common Disease, Hammersmith hospital, Imperial College London (UK)

## 16:25 – 16:45 Adolescent obesity: comorbidities and new directions in research

*Prof. Jesús Argente*, Professor of Paediatrics and Paediatric Endocrinology and Director of the Department of Paediatrics, Universidad Autónoma de Madrid; Chief of Paediatrics, Hospital Infantil Universitario Niño Jesús, Madrid, Spain

## 16:45 – 17:05 Obesity as a serious global health problem

*Prof. Harry Rutter*, Research Fellow Senior Clinical Research Fellow, London School of Hygiene and Tropical Medicine; Founder director of the National Obesity Observatory 2007-2011

## 17:05 – 17:25 Panel discussion

*Prof. Claude Dreux*, Member of the French Academy of Medicine; Chair of a ANM Working Group on Public Health; Honorary Vice-President and Emeritus Professor, René Descartes University

*Prof. Detlev Ganten*, Co-Chair of the InterAcademy Medical Panel; Member of the German National Academy of Sciences Leopoldina and Chair of its Working Group on Public Health; President of the World Health Summit, Berlin

## 17:25 – 17:30 Concluding remarks

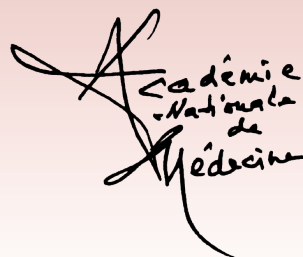
*Prof. Dermot Kelleher*, President of FEAM, Fellow of the UK Academy of Medical Sciences and the Irish Academy of Medical Sciences, Vice-President (Health) and Dean of Medicine at Imperial College London

*Prof. Bernard Charpentier*, Honorary Dean, Faculty of Medicine Paris-South 11, Past-President of the French Medical School Deans' Council, Vice-President of FEAM, Vice-President of the Foundation of the French Academy of Medicine (FAM), Member of the French Academy of Medicine

17:30 Close



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Cover:

**Odilon Redon** (1840-1916)

*La Coupe du Devenir (L'Enfant a la coupe)* c. 1894

Oil on canvas laid down on board

19 3/10 x 13 1/2 in – 49 x 34.3 cm

Courtesy of Michael Altman Fine Art and Advisory Services, LLC.